Stanford Junior and Infant School



ANTI BULLYING POLICY

"Living Together," Learning Together"

Prepared and reviewed by Senior Leadership Team: Approved by Policy Committee Last Review: Date of next Review: September 2017 September 2017 November 2022 September 2024 unless required earlier

INTRODUCTION

Stanford Junior and Infant School vision is central to our anti-bullying policy, ensuring all are empowered to make a difference, big or small to the lives of others and ourselves. We aim to unlock the possibilities that new friendships can bring and help children to nurture existing friendships. We are committed to providing a caring, friendly and safe environment for all of our pupils so they can learn in a relaxed and secure atmosphere. Bullying of any kind is unacceptable at our school. If bullying does occur, all pupils should feel able to inform staff and understand that incidents will be dealt with promptly and effectively. We are a TELLING school - anyone who knows that bullying is happening is expected to tell an adult in school. Everyone will be vigilant and will intervene promptly if there are any signs or reports of bullying. This policy aims to make clear what constitutes bullying, what can be done to prevent it and how incidents should be dealt with; including sanctions and support for targets of bullying.

AIMS & OBJECTIVES

- To ensure that all feel safe and free from bullying and intimidation.
- To build an ethos where learners feel safe, free from threat and intimidation.
- To promote good relationships where all are treated well and where learners care for each other.
- To act promptly and effectively at the first sign of bullying.
- To encourage learners and parents to report any attempted bullying.
- To protect and reassure any victims of bullying.
- To have effective sanctions to deter bullying and to have successful strategies to reform bullies.
- To make this a happy school that is free from bullying.

WHAT DO WE MEAN BY BULLYING?

Bullying is the **persistent** use of aggression with the intention of hurting another person. It results in pain or distress to the victim who has in no way provoked the bullying. Bullying can be:

- Physical pushing, kicking, punching, hitting or any use or threatened use of physical violence.
- <u>Verbal</u> name-calling, sarcasm, teasing or saying hurtful things.
- Emotional excluding, being deliberately unfriendly, tormenting or teasing.
- Menacing demanding items, possessions, etc.
- <u>Discriminatory Harassment</u> this may include any of the above-mentioned behaviours but have a particular motive e.g. racist, religious or cultural, homophobic, transphobic, sexist, sexual or which focus on disabilities or other physical attributes (such as hair, colour or body shape) or any reference to Special Educational Needs and/or disability.
- Cyber bullying internet and mobile phones

Bullying is recognised by Stanford Junior and Infant School as being a form of child on child abuse; children can abuse other children.

- Abuse is abuse and it should never be tolerated or passed off as 'banter', 'just having a laugh' or 'part of growing up'
- We recognise that even if there are no reports of bullying, it does not mean it is not happening and it may be the case that it is just not being reported
- All victims will be taken seriously and offered appropriate support, regardless of where the abuse takes place

Bullying may also involve complicity that falls short of direct participation by, for instance, manipulating a third party to tease or torment someone. It may be overt and intimidating but is often hidden and subtle. The seriousness of bullying cannot be emphasised enough. Bullying is

among the top concerns that parents have about their children's safety and well-being at and on the way to and from school. Bullying is also a top concern of children and young people themselves. Bullying makes the lives of its victims a misery: it may undermine their confidence and self-esteem; destroy their sense of security and be psychologically damaging. Bullying may impact on its victims' attendance and attainment at school, marginalises those groups who may be particular targets for bullies and can have a lifelong negative impact on some young people's lives.

It is acknowledged that bullies may have complex reasons for their behaviour and may well need help. It should also be recognised that the consequences of being allowed to 'get away with it' can be detrimental to them as well as to their victim. All pupils deserve the opportunity to be helper to understand what acceptable behaviour is. Pupils are educated through PSHE/SMSC, assemblies, and the support of the Learning Mentor to raise awareness, with discussions of differences between people and the importance of avoiding prejudice. There are criminal laws that apply to harassment, assault and threatening behaviour. If staff feel that an offence may have been committed they should seek assistance from the SLT who will take necessary action where required. Positive communication with parents/carers and pupils is also fundamental to ensure appropriate action is taken.

Relational Conflict

Bullying is not to be confused with relational conflict. As children begin to develop their social skills, it is normal from time to time for children to fall out with each other. This is identified as a relational conflict and is not considered to be bullying.

Definition of relational conflict

- Can be intentional or unintentional, accidental or a result of a misunderstanding or disagreement.
- Balance of power is equal
- Disagreements may sometimes display some element of a physical act to demonstrate their upset or frustration.
- Remorse is shown after the event and efforts are made to resolve the issue
- Children may return to being friends or playing with each other

Please see appendix on LGBT.

TYPES OF BULLYING

Cyber Bullying

The rapid development of, and widespread access to, technology has provided a new medium for 'virtual bullying', which can occur in and outside school. Cyber-bullying is a different form of bullying which can happen beyond the school day into home and private space, with a potentially bigger audience, and more accessories as people forward on content.

Racist Bullying

This refers to a range of hurtful behaviour, both physical and psychological, that make the person feel unwelcome marginalised and excluded, powerless or worthless because of their colour, ethnicity culture, faith community, national origin or national status.

Homophobic Bullying

This occurs when bullying is motivated by a prejudice against, lesbian, gay or bisexual people.

Vulnerable Groups

We recognise that some groups of pupils may be more vulnerable to bullying, including:

- Looked After Children
- Gypsy, Roma and Traveller children
- Children with Special Educational Needs or Disabilities (SEND)
- Children from ethnic minorities
- Children entitled to Free School Meals
- Children for whom English is an Additional Language
- Children who are perceived to be gay, lesbian or bisexual

Bullying Prevention

Preventing and raising awareness of bullying is essential in keeping incidents in our school to a minimum. Through assemblies, as well as PSHE and SMSC lessons, throughout the whole year, pupils are given regular opportunities to discuss what bullying is, as well as incidents we would not describe as bullying, such as two friends falling out, or a one-off argument. An annual 'Antibullying Week' is held to further raise awareness. E-safety is an important part of the Curriculum and information for parents is included in newsletters and on the School's website throughout the year also. E-safety presentations, newsletters etc are shown and delivered to raise parents' awareness of cyber bullying. Pupils are taught to tell an adult in school if they are concerned that someone is being bullied.

Code of Conduct

Our School Code of Conduct is regularly promoted in assemblies and displayed throughout the school. Through pupils following these rules, and staff reinforcing them, bullying should be significantly reduced

Foundation / KS1 Code of Conduct

- Show consideration of others (Being polite, kind and helpful)
- Be honest and truthful
- Be respectful of others, their property and the school environment
- Listen to others
- Work within class in a positive and productive manner
- Move around school quietly and calmly
- Be proud of our school

KS2 Code of Conduct

- Try to understand and tolerate other people's point of view.
- Show respect by listening and speaking to teachers, other staff, visitors and adults in a polite manner.
- Work quietly and sensibly in class, showing courtesy and consideration to others at all times.
- Move calmly and quietly about school, never running, pushing or shouting but being ready to help by opening doors, standing back to let people pass and helping to carry things.
- Take care of the school environment so that it is a welcoming place of which we can all be proud, taking responsibility for keeping the environment tidy and respecting other people's work and property.
- Bullying of any kind will not be tolerated.
- Out of school pupils should remember the school's reputation depends on how they behave.
- Pupils should be honest and truthful and lying will not be tolerated

ACTIONS TO BE TAKEN WHEN BULLYING IS SUSPECTED

If bullying is suspected we talk to the suspected victim, the suspected bully and any witnesses. If any degree of bullying is identified, the following action will be taken:

The reporting line is first: To Class Teacher, Headteacher/SLT, and Chair of Governing Body as appropriate for the situation.

Help, support and counselling will be given as is appropriate to both the victims and those suspected of bullying.

We support the victims in the following ways by:

- Offering them an immediate opportunity to talk about the experience with their class teacher, Learning Mentor or another teacher if they choose.
- Informing the victims' parents/carers.
- Offering continuing support when they feel they need it.
- Informing the child's parents/carers and working with them to support those involved, as required.
- Arranging for them to have extra pastoral support if necessary e.g. play buddies, designated jobs, etc.
- Enforcing the school's Code of Conduct and disciplinary procedure described in the School's Behaviour Policy.
- Supporting those involved to find a resolution.

We try to help those suspected of bullying in the following ways by:

- Talking about what happened, to discover why they became involved.
- Informing the child's parents/carers and working with them to support those involved, as required.
- Continuing to work with the children in order to get rid of prejudiced attitudes as far as possible and offer pastoral support, as appropriate.
- Enforce further disciplinary steps as follows -
 - 1. Children will be warned officially to stop offending.
 - 2. Informing the children's parents/carers.
 - 3. Children may be withdrawn from playtimes and/or lunch times.
 - 4. Additional supervision at lunch and playtimes.
 - 5. If they do not stop bullying they may be excluded for a minor fixed period (one or two days).
 - 6. If they then carry on they may be recommended for exclusion for a major fixed period (up to five days) or an indefinite period.
 - 7. If they will not end such behaviour, they may be recommended for permanent exclusion or a 'managed move' to another school.

THE ROLE OF THE HEADTEACHER & SLT

It is the responsibility of the Headteacher to implement the school anti-bullying strategy, and to ensure that all staff (both teaching and non-teaching) are aware of the school policy, and know how to identify and deal with incidents of bullying. The Headteacher reports to the governing body about the effectiveness of the anti-bullying policy on request.

The Headteacher ensures that all children know that bullying is wrong, and that it is unacceptable behaviour in this school. Senior Leaders, along with the Learning mentor and staff ensure that everyone knows the meaning of bullying and how to deal with any incidents. Assemblies may be used to reinforce the zero-tolerance policy towards bullying.

The Headteacher ensures that all staff, including lunchtime staff, receives sufficient training to be equipped to identify and deal with all incidents of bullying.

This important issue will be covered in the broad and balanced curriculum at Stanford Junior and Infant school, for example through the SMSC curriculum and special activity days e.g. Anti-Bullying Week/Mental Health Awareness Day.

THE ROLE OF THE TEACHER AND SUPPORT STAFF

The staff in our school take all forms of bullying seriously, and seek to prevent it from taking place. Staff should always be vigilant and ready to intervene where they suspect cases of bullying. The Headteacher or a member of the Leadership Team <u>must</u> be informed. Parents are advised to inform the school if they suspect any bullying. The school will act appropriately on such information. This may involve speaking to the children involved and issuing appropriate sanctions. This should include the perpetrator apologising to the victim and if appropriate doing something positive for that person. This could be drawing a picture or writing a letter for the victim. Parents are then advised to contact the school again if the problem persists in order that further action can be taken. Teachers are also informed of the incident in order that they may be extra vigilant. (A log must be kept of all meetings with parents on the CPOMs system, the school's system of recording issues/concerns.)

Teachers keep their own records of incidents that happen in their class on CPOMs, and will report any that they are aware of in the school. If teachers witness an act of bullying, they will either investigate it themselves or refer it to the Headteacher or member of the Senior Leadership Team. Teachers and support staff do all they can to support the child who is being bullied. If a child is being bullied, the child's parents will be informed and strategies put in place to resolve the problem.

When any bullying taking place between members of a class, the teacher will deal with the issue immediately. This may involve counselling and support for both the victim of the bullying, and for the child who has carried out the bullying. Time is spent talking to the child who has bullied: explaining why his/her action was wrong, and that child is encouraged to change his/her behaviour in future. If a child is repeatedly involved in bullying other children, we inform the Headteacher, Behaviour Lead and Learning Mentor. We then invite the child's parents into the school to discuss the situation. In more extreme cases, for example where these initial discussions have proven ineffective, external support agencies may be consulted.

To minimise incidents of bullying, within the School, we will:

- 1. Organise the community in order to minimise opportunities for bullying, e.g. provide increased supervision at any identified problem times.
- 2. Use any opportunity to discuss aspects of bullying, and the appropriate way to behave towards each other, e.g. assemblies, the PSHE/SMSC programme, National Anti-Bullying programmes.
- 3. Deal quickly, firmly and fairly with any complaints, involving parents where necessary.
- 4. Review the School Policy regarding anti-bullying and its degree of success annually.
- 5. The School Staff will continue to have a firm but fair positive behaviour policy.

- 6. To use teaching materials/equipment which promote tolerance and respect and not those that may give a bad or negative view of any group because of their ethnic origin, sex, etc
- 7. Encourage pupils to discuss how they get on with other people and to form positive attitudes towards other people. This includes a review of what friendship really is.
- 8. Encourage pupils to treat everyone with respect.
- 9. We will treat bullying as a serious offence and take every possible action to eradicate it from our School.

THE ROLE OF GOVERNORS

The governing body supports the Headteacher in all attempts to keep bullying away from our school. The governing body will not condone any bullying at all in our school, and any incidents of bullying that do occur will be taken very seriously, and dealt with appropriately.

THE ROLE OF PARENTS

Parents who are concerned that their child might be being bullied, or who suspect that their child may be the perpetrator of bullying, should contact their child's class teacher immediately. Support will be arranged and the situation monitored closely. Parents have a responsibility to support the school's Anti-Bullying Policy, actively encouraging their child to be a positive member of the school.

As a parent you can support your child and the school by:

- 1. Looking for unusual behaviour in your children. For example, they may suddenly not wish to attend school, feel ill regularly, or not complete work to their normal standard.
- 2. Always take an active role in your child's education. Enquire how their day has gone, who they have spent their time with, how lunch time was spent etc.
- 3. If you feel your child may be a victim of bullying behaviour, inform the School IMMEDIATELY. Your complaint will be taken seriously and appropriate action will follow.
- 4. It is important that you advise your child not to fight back. It can make matters worse!
- 5. Tell your own son or daughter there is nothing wrong with them. It is not their fault that they may be being bullied.
- 6. Make sure your child is fully aware of the School policy concerning bullying, and that they will not be afraid to ask for help. Child friendly versions of the policy are available in school, on the school website and are regularly distributed to pupils.

THE ROLE OF PUPILS

The children at our school are told not to retaliate if another child is annoying or hurting them. Their first reaction should be to tell the offender "Stop it, I don't like it. Please don't do it again". If incidents continue children are encouraged to follow the STOP principle: Start Telling Other People, as well as follow these simple Dos and Don'ts.

DO:

- Ask them to STOP if you can.
- Use eye contact and tell them to go away.
- Ignore them.
- Walk away and find different friends to play with.
- Find an adult to tell or ask a friend to speak to an adult for you.
- Use the worry box if you are too scared to speak openly about it.# Speak to Learning Mentor
- TELL SOMEONE.

DON'T:

- Do what they say.
- Get angry.
- Show you are upset.
- Hit them.
- Think it's your fault.
- Hide it.

If the incidents continue, they must keep on letting people know. Pupils are also invited to tell us their views about a range of school issues at the Pupil Voice Meetings.

MONITORING AND REVIEW

Anti-bullying issues are monitored on a day-to-day basis by the Headteacher, who reports to governors on request about the effectiveness of the policy.

This Anti-bullying Policy is also the governors' responsibility, and they review its effectiveness annually. They do this through discussion with the Headteacher and SLT.

Signed By

Chair of Governors:

Lengthable

Headteacher:

Headteacher:

Date: November 2022

Date: November 2022

Review Date	Amendments	Approved Date
September 2017	Annual Review and Amendments	November 2017
September 2018	Additional sections added: • LGTB & Appendices 1-5	21.09.18 by email
September 2020	Review	October2020
November 2022	Policy Review	November 2022

Types of Discrimination

- Racism: valuing or treating a group differently through prejudice, stereotyping or antagonism directed at people of a different ethnicity or nationality. This can often be based on the belief that the perpetrator's ethnicity or nationality is superior to that of others.
- Sexism: valuing or treating a group differently through prejudice, stereotyping or antagonism directed at people because of their gender. This includes behaviour, conditions, or attitudes that foster stereotypes of social roles based on gender.
- Homophobia: valuing or treating a group differently through prejudice, stereotyping or antagonism
 directed at gay men and women. This also includes 'heterosexism': the belief that heterosexual
 relationships are 'the norm' and the presumption that people identify as heterosexual despite not
 having disclosed their sexual orientation. It also includes connotations and stereotypes about gay men
 and women.
- Biphobia: valuing or treating a group differently through prejudice, stereotyping or antagonism directed at bisexual people. As with homophobia, this includes 'heterosexism' and stereotypes/connotations about bisexual people.
- Transphobia: valuing or treating a group differently through prejudice, stereotyping or antagonism directed at people who identify as transgender. This includes refusal to recognise a person's gender, not recognising chosen names, excluding access to toilets and changing facilities of someone's identified gender, and the assumption that people's gender matches their biological sex.
- HBT (Homophobia, Biphobia & Transphobia): valuing or treating a group differently through prejudice, stereotyping or antagonism directed at or at their perceived sexual or gender identity. This can include assuming that heterosexual relationships are 'the norm' or refusing to allow a person to use the toilets or changing area of their chosen gender.
- Religious discrimination: valuing or treating a person or group differently through prejudice, stereotyping or antagonism directed at people because of what they do or do not believe. This includes refusal to accommodate the right to prayer and worship, or prohibition of religion.
- Disabilist discrimination: valuing or treating a group differently through prejudice, stereotyping or antagonism directed at or their perceived disability. This can include stereotyping a specific disablement against someone else who may also have a similar diagnosis.
- Classist Discrimination: valuing or treating a group differently through prejudice, stereotyping or antagonism directed at or their perceived socio-economic status. This can include stereotyping a specific person based on their appearance or looks. This can not only impact on the individual but on their families and others perceived to be from the same group.

Guide to Understanding & responding to Homophobic, Biphobic & Transphobic (HBT) Bullying.

What is HBT Bullying?

A targeted incident of aggressive, verbal or emotional abuse towards a person because of their, or their perceived, Sexual or Gender Identity

What can happen?

- Verbal, physical or emotional harassment including insulting or degrading comments, name calling, gestures taunts & insults or 'jokes'.
- Offensive Graffiti
- Humiliating, excluding, tormenting, ridiculing or making threats towards others based on their, or their perceived Sexual or Gender Identity.
- The use of the word 'gay' in a derogatory way or replacing a negative word with gay e.g 'those trainers are so gay'.

Top Tips for staff:

- To read and understand the Anti- Bullying policy and respond accordingly.
- Challenge all incidents, behaviour and language that occur, addressing these with the students.
- Actively encourage fellow staff and students to not be bystanders.
- Be calm and take your time when responding to incidents.
- Don't be afraid to ask questions to those involved.
- Ensure adequate time is given for reflection to all involved.
- Challenge the statements, not the young person.
- Highlight to the young people how they would feel should this language be used against them.
- To look at ways forward following on from the incident eg: a class discussion about language.
- Record the incidents correctly for monitoring purposes.

Identifying Bullying

Do not always dismiss 'horseplay', 'banter' or throw away comments students make to each other in the classroom or around school. All of our students have the right to feel safe and supported whilst in school.

Bullying could take place:

- On the journey to & from school;
- During lessons;
- At break times;
- Via electronic means, such as text messaging or via social media.

Bullying can happen in a number of ways, be this direct or indirect:

- Verbal;
- Emotional;
- Physical;
- Electronically.

Instances of bullying may involve:

- Sexist;
- Racial;
- Religious;
- Disability;
- Sexual Identity;
- Gender Identity.

There are signs and symptoms that all adults should be aware of; that may help you to identify that a young person is possibly a victim of bullying. These can include the following examples:

- Is frightened of walking to or from school alone;
- Changes in their usual routine;
- Is unwilling to go to school;
- Truancy;
- Becomes withdrawn, anxious or lacking in confidence;

Appendix 4

No-Blame Approach

An explanation of the No-Blame Approach, taken from the Anti- Bullying Network

A technique which can be used to tackle bullying in school is the No Blame Approach. As the name suggests, one of the most important things about this approach is that it deliberately avoids accusations, blame and punishment. The first step is to interview the victim, with the aim of finding out how he/she feels. The child will be asked to draw a picture or write something to communicate his/her distress. With the child's full knowledge and approval, the next step involves getting together the children involved in the bullying (including bystanders) and perhaps some non-involved children. This group (which does not include the victim) will then be made aware of the victim's distress and will be encouraged to take responsibility for their actions and to come up with ideas for making the bullied person feel happier. It should be mentioned that the No Blame Approach (which may mistakenly be viewed as a technique which condones bullying) can also be described as the Support Group Approach.

Staff response

You response will be dependent on the circumstance of the incident, the severity, who was involved, where it happened and what the intention was of the instigator.

The following is an example of a robust and positive response to a bullying incident, using an incident involving HBT language.

However, the response could be similar for any kind of bullying or discriminatory behaviour.

Taking a school response	In our school we treat everyone with respect and when you use the word 'gay' in a way to mean 'rubbish' or 'bad', it is disrespectful of	
	lesbian, gay, bisexual and transgender people.	
Question what has been	What do you think the word 'gay' means?	
said?	If unknown that actual definition of gay, explain this.	
	Do you realise that what you said could hurt someone's feelings?	
	Can you explain what you mean by calling that 'gay'?	
Address and tackle	Language like that is not acceptable.	
	You might think that word is hurtful, but many would.	
Make it personal	I'm not happy with what you said.	
	Homophobic language upsets me.	
	I don't want to hear it again.	
	What you have said really disappoints and upsets me.	
	It's really important to treat everyone with respect, and that's why it's	
	wrong to use homophobic words.	

Once the incident has been dealt with accurate incident reporting and recording is important.